

The 13th Nordic Sleep Conference, May 7-9, 2009, Finland  
Initial Programme

Clock Time	Thursday, 7 May	Friday, 8 May	Saturday, 9 May
8:30	Registration	Diagnosis of Partial Upper Airway Obstruction during Sleep Harriet Akre and Sari-Leena Himanen	Young Scientists' Session Eva Svanborg and Päivi Polo-Kantola
8:45			
9:00	Young Scientists' Morning Programme Gass and Salo	Coffee Break	
9:15		Coffee Break	
9:30	Coffee Break	Clinical Issues in Hypersomnia Jerker Hetta and Christer Hublin	The Physiological and Cognitive Effects of Cumulative Sleep Restriction Göran Kecklund and Mikko Härmä
9:45			
10:00	Young Scientists' Morning Programme ...continues Gass and Salo	Lunch	
10:15		Lunch	
10:30	Opening	Lunch	
10:45		Lunch	
11:00	KEYNOTE LECTURE Stress, Work Hours and Sleep Torbjörn Åkerstedt	Poster Viewing	
11:15		Poster Viewing	
11:30	Lunch	The Many Faces of RLS - Observations and Studies on Primary and Secondary RLS and their Comorbidities in Clinical Practice Lena Leissner Juha Markkula	Sleep Epidemiology: Results from Prospective Occupational Cohorts Hugo Westerlund and Jussi Vahtera
11:45		Certification of Sleep Specialists and Accreditation Procedure in the Nordic Countries Søren Berg and Jan Hedner	
12:00	Coffee Break	Coffee Break	
12:15		Coffee Break	
12:30	Poster Viewing	Sleep Related Breathing Disorders in Children Harriet Akre and Outi Saarenpää Heikkilä	Burden of Sleep Disorders and the Current State of Sleep Research and Sleep Medicine in the Nordic Countries Poul Jennum and Tapani Salmi
12:45		Business Meeting and Closing Remarks	
13:00	Sleep-Disordered Breathing and Cardiovascular Diseases Jan Hedner and Olli Polo	Social Programme Dinner	
13:15		Social Programme Dinner	
13:30	Social Programme Reception City of Turku	Social Programme Dinner	
13:45		Social Programme Dinner	
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