

## NORDIC SLEEP 2009 - POSTER SESSIONS

Date -

Thursday

7 May

### Poster presenter

Aittokallio Jenni

Arnardottir Erna Sif

Axelsson John

Kalleinen Nea

Kronholm Erkki

Lallukka Tea

Rahkonen Ossi

Ruotsalainen Jani

Salminen Simo

Sivertsen Børge

Sjösten Noora

Sørensen Eli

Tynjälä Jorma

Virtanen Irina

Virtanen Marianna

### Title of the Abstract

Transcutaneous Carbon Dioxide Profile during Sleep Reveals Metabolic Risk Factors in Postmenopausal Women

Frequent Nocturnal Sweating among Males with Obstructive Sleep Apnea: The ISAC Cohort

Support for "beauty sleep" by perceived attractiveness, health and tiredness

Associations between sleep stages and nocturnal levels of growth hormone and prolactin in pre- and postmenopausal women

Self-reported sleep characteristics as predictors of all-cause mortality, cardiovascular mortality and morbidity in Finland

Sleep duration and sleep complaints as predictors of disability pensions among ageing employees

The impact of sleep complaints on sickness absence

INTERVENTIONS FOR SLEEPINESS AND SLEEP DISTURBANCES CAUSED BY SHIFT WORK:

PROTOCOL FOR A COCHRANE SYSTEMATIC REVIEW

SLEEP DISTURBANCES AND OCCUPATIONAL INJURIES

Assessment and treatment of sleep problems in general practice. A survey among GPs.

Increased risk of lost work days prior to the diagnosis of sleep apnea

Naps, sleep and waking in adolescents

Trends in sleeping habits and perceived sleep difficulties in 13- and 15-year-old schoolchildren

Normal cardiorespiratory polygraphy – no sleep disturbance?

Long Working Hours and Sleep Disturbances: the Whitehall II Prospective Cohort Study

Date - Friday

8 May

### Poster presenter

Aalto Susanna, Kaisla Tiina

Arnardottir Erna Sif

Bjorvatn Bjørn

Harpala Tarja

Hesla Per Egil

Hildén Anne

Loponen Minna

Ritmala-Castrén Marita

Saunamäki Tiia

### Title of the Abstract

Sleep Apnea Patients with Nasal CPAP Therapy Need Control Visits

Frequent Symptoms of Restless Legs Syndrome in Obstructive Sleep Apnea: The ISAC Cohort

Parasomnias in the general population

Normal values of the OSLER's Multiple Unprepared Reaction Time (MURT)

Cathaplexy treated with Xyrem

Evaluation of the Helsinki University Sleep Unit educational program for initiation of CPAP therapy

Simultaneous heavy snoring and nightmares predict elevated risk for coronary heart disease

Research interest in sleep of the critical care patients

Executive dysfunction in obstructive sleep apnea syndrome

Siivola Jouko	One new method for long-term recording of respiration in sleep disorders
Sivertsen Børge	Sleep and sleep disorders in chronic users of zopiclone
Sørensen Eli	Behavior therapy for sleep problems in a 9 year old boy with infantile autism, severe mental retardation and slow learning. A case report
Trond Sand	Sleep quality in migraine and tension-type headache
Veldi Marlit	Lingual thyroid as an atypical cause of obstructive sleep apnea
Virtanen Irina	Do polysomnography channels offer additional information to cardiorespiratory polygraphy in the diagnosis of sleep disordered breathing?
Øverland Britt	What is Catathrenia? It exists among sleep apnea patients.

**Date -  
Saturday  
9 May**

**Poster presenter**

Baier Paul Christian  
Bjorvatn Bjørn  
Jääskinen Väinö  
Karppinen Nina  
Lagus Markus

Ollila Hanna M.

Salmi Tapani  
Siddeshwar Utge  
Vainikka Maija  
Wigren Henna-Kaisa  
Vilma Aho

Virkkala Jussi  
Virtanen Irina  
Zant JC

**Title of the Abstract**

Effects of intranasal Orexin A (Hypocretin 1) on sleep of patients with narcolepsy with cataplexy

A self-help book for insomnia reduces sleep complaints

Modelling Sleep Stages With Markov Chains

Serum Follicle Stimulating Hormone Levels and Sleep Architecture in Postmenopausal Women

EXPRESSION PATTERNS, PATHWAYS AND REGULATORY MECHANISMS IN A MODEL FOR DEPRESSION CAUSED BY DISTURBED SLEEP

Genome-wide association analysis of sleep length reveals new genes and pathways controlling sleep homeostasis

Sleep Recordings Using Mobile Phone or MP3 Player

A population based association study of TPH2 to depression and sleep disturbance

Critical characterization of the sleep in Zebrafish

Aging attenuates basal forebrain lactate release and active wake promotion during prolonged waking

Partial sleep deprivation alters homeostatic and immune functions – a microarray study on healthy young men

Automatic Evaluation of Recovery Sleep Using Two Facial Electrodes

Sexual dysfunction in the postmenopause is related to decreased nocturnal heart rate variability

Dynamic changes in neurotransmitter levels in the basal forebrain during and after sleep deprivation.